



Mental Health On Demand for Nurses



Get mental health support when it matters most!

- Confidential & convenient access for mental health concerns or issues.
- 24/7/365 bilingual support access to clinicians/nurses in minutes. Register and login to access this support line phone-number.
- Virtual therapy appointments available through the platform, typically within the next day with your matched therapist.
- Access to a diverse network of therapists with multiple languages, specialties, designations, and backgrounds.
- Free 15min consultations to get to know your matched therapist plus 1 complimentary hour of therapy + 1 complimentary hour of couples therapy. Ongoing sessions at \$90/hour.
- Children's mental health support through game-based mental health program to build emotional strength.
- Indigenous support through culturally-safe virtual mental health services delivered by Indigenous care providers for Indigenous people.
- Self-led iCBT (Internet-based Cognitive Behavior Therapy) access via lessons & skill-based exercises.

Register Today

Registration required. Use code "nnpbc" to create your account. Contact info@nnpbc.com for more information on eligibility.

Disclaimer: This service is not intended for mental health emergencies. If you or someone you know has suicidal ideations, is self-harming, or harming others, call 911 immediately or visit your nearest hospital.