



Mental Health Support for Nurses



Get mental health crisis support when it matters most

- 24/7/365 bilingual crisis line answered by a masters-level clinician within minutes for immediate support
- Virtual counseling appointments are typically scheduled within the next day at a preferred rate of \$90/hr
- Access to a diverse network of therapists in multiple languages, specialties, approaches, designations, and backgrounds
- Self-led iCBT (Internet-based Cognitive Behavior Therapy) access via lessons, skill-based exercises, and programs proven to help users reduce and manage symptoms of anxiety and depression
- Confidential and convenient access on-the-go

Register Today

Let us help take better care of you and your mental health needs.

Please contact info@nnpbc.com for more information on eligibility to sign up

This service is not intended for mental health emergencies. If you or someone you know has suicidal ideations, is self-harming, or harming others, call 911 immediately.