

Certified Practice Competencies for Remote Nursing

Competencies for the BCCNM-certified practice of Remote Nursing Practice include Section 8 activities for registered nurses. These include the diagnosis, care and treatment of adults and/or children with the following diseases and disorders:

- **Eye:** conjunctivitis and corneal abrasion
- **Ear-nose-throat:** acute otitis media, pharyngitis, ceruminosis (adult only), dental abscess (adult only)
- **Genitourinary:** urinary tract infection
- **Respiratory:** acute bronchitis (adult only)
- **Skin:** abscess and furuncle (adult only), cellulitis, impetigo, bites
- **Pain Management:** use of a mixture of oxygen and nitrous oxide (adult only).

NURSING PRACTICE COMPETENCIES

KNOWLEDGE of:	SKILL in:	JUDGMENT reasoning in:	ATTITUDE by:
<ul style="list-style-type: none"> • Etiology, pathophysiology, risk factors, predisposing factors, clinical manifestations, communicability, complications, diagnostic findings and management of condition • Socio-economic determinants of health and risk factors • Cultural competence and cultural safety • Protocols, treatment goals, pharmacological applications and safe prescribing and dispensing functions • Adverse events • When to consult and/or refer • Legal framework pertaining to vulnerable populations • Documentation and reporting requirements 	<ul style="list-style-type: none"> • Engaging with clients using a relational, respectful demeanor • Recognizing and incorporating cultural wisdom and practices • Listening to the client and family and gathering a thorough history • Assessing client's knowledge • Performing a relevant physical examination and assessment • Recognizing circumstances that require immediate consultation or referral • Collecting specimens, requisitioning tests and interpreting data • Using clinical reasoning and judgment to make a diagnosis • Prescribing and administering/dispensing appropriate medications/treatment • Engaging in patient and family education • Monitoring and follow-up and/or arranging for monitoring and follow up • Consulting and/or referring to a physician or NP as appropriate • Documenting using agency forms 	<ul style="list-style-type: none"> • Assessing the appropriateness of interventions in relation to local cultural beliefs, values and practices • Taking into account the client's home environment and context • Determining client and family capacity to undergo required treatment • Using clinical reasoning to determine appropriate tests and/or screening • Requisitioning and/or conducting diagnostic tests, interpreting results and taking appropriate action • Selecting appropriate treatment regimen and prescribing, dispensing, and administering medications in line with safety principles and standards • Recognizing adverse effects of pharmacological or non-pharmacological treatment • Consulting & referring to appropriate physician, NP or other social and community services • Using critical thinking for the purpose of delivering care within available resources 	<ul style="list-style-type: none"> • Being self-aware of own beliefs and values • Being sensitive to the living and working conditions of people living in rural and remote areas • Working with clients and the community through a lens of cultural safety and cultural competence • Respecting the lived experience of clients and families • Promoting capacity building • Considering the promotion of health and healing as well as the treatment of the current condition • Taking into account the whole person including their mental, social and psycho-spiritual wellbeing • Caring for people on a continuum in community health practice